

# THE LIFESTREAM LETTER

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*A NEW LOOK, A NEW COMPUTER, A NEW LIFESTREAM LETTER!*



**WELCOME!**  
**WHAT'S INSIDE?**

**EVOLUTIONARY TECHNOLOGY**  
**HYDROTHERMAL QUARTZ: CRYSTALS GETS CULTURED**  
**THE STAR OF DAVID MEDALLION: TO THE RESCUE**  
**THE THREE FACES OF REGRESSION THERAPY**  
**BOOK REVIEWS: -AWAKENING TO ZERO POINT**  
**-MATRIX OF THE GODS**

**THE LIFESTREAM LETTER** EDITOR AND PUBLISHER: RON AND ROBERTA CARSON  
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# EVOLUTIONARY TECHNOLOGY

The evolutionary technology of Alphamatrix is the culmination of 20 years of research and development. The instruments are bridges to the subtle dimensions. They function by natural principles of Harmonic Resonance. Their sacred geometry reflect morphogenic energy patterns, calling forth their sympathetic vibrations.

Quartz crystals and other materials act as inter-dimensional transducers of elemental substance, bridging between the planes of existence. The circuitry is designed for channeling subtle energies, mirroring the virtues of the sacred geometry.

These dynamic free energy devices integrate sacred geometry, psychotronic circuitry, and psychoactive components in highly coherent light working tools. They are bridges to subtle dimensions and function by the natural principles of Harmonic Resonance. Each piece is made with attention and intention for the operator's inner unfoldment.

Morphogenic patterns find their most elemental expression in number and geometry and are at the root of Sacred Geometry. These archetypal forms are universally found in the traditional art of native cultures all over the world. Symbolic iconography has been called "Paradisiac Art," because it evokes the source patterns of being and perhaps, more importantly, *invokes* the Creative Intelligence into presence and activity. The invocation of noetic power from the use of geometric patterns was demonstrated over fifty years ago by Malcolm Rae, an English researcher in psychotronics. He created homeopathic remedies using geometric patterns on cards, which worked to re-establish the balance of health.

*"The economy of the universe is based upon essential simplicity and, as such, gives us symbols that reflect this simplicity."*

## PSYCHOTRONIC ENGINEERING

Conventional psychotronic instruments look like electronic devices, complete with dials and wires. They are capable of producing a highly specific energy frequency pattern of any given plant, mineral, organ, inner state, etc., and providing a means of testing for its presence and vitality. They are designed for long distance healing, agricultural balancing, mineral analysis, and other forms of subtle energy research. They operate on the quantum level where everything vibrates as a unity.

Alphamatrix instruments, however, have a different focus, intended for spiritual balancing and empowerment. The physical components such as wire coils, crystals, etc., create a system which provides a channel for the energies which stand behind the world of effects and appearances. The Causative plane is a vast universe of frequencies which are called "morphogenic" because they give rise to form. These energies are the pattern of perfection within every physical atom. Such vital currents can be conducted through physical components, as well as through light, sound, even lines on paper. The subtle virtue of the materials used also have a definitive effect on the end result. The psychotronic circuitry in the Angelstar and Genesis Crystal is particularly effective because of the coherent function in the artwork and materials, multiplying the effect of Harmonic Resonance within the system.

## CRYSTALS AND METALS

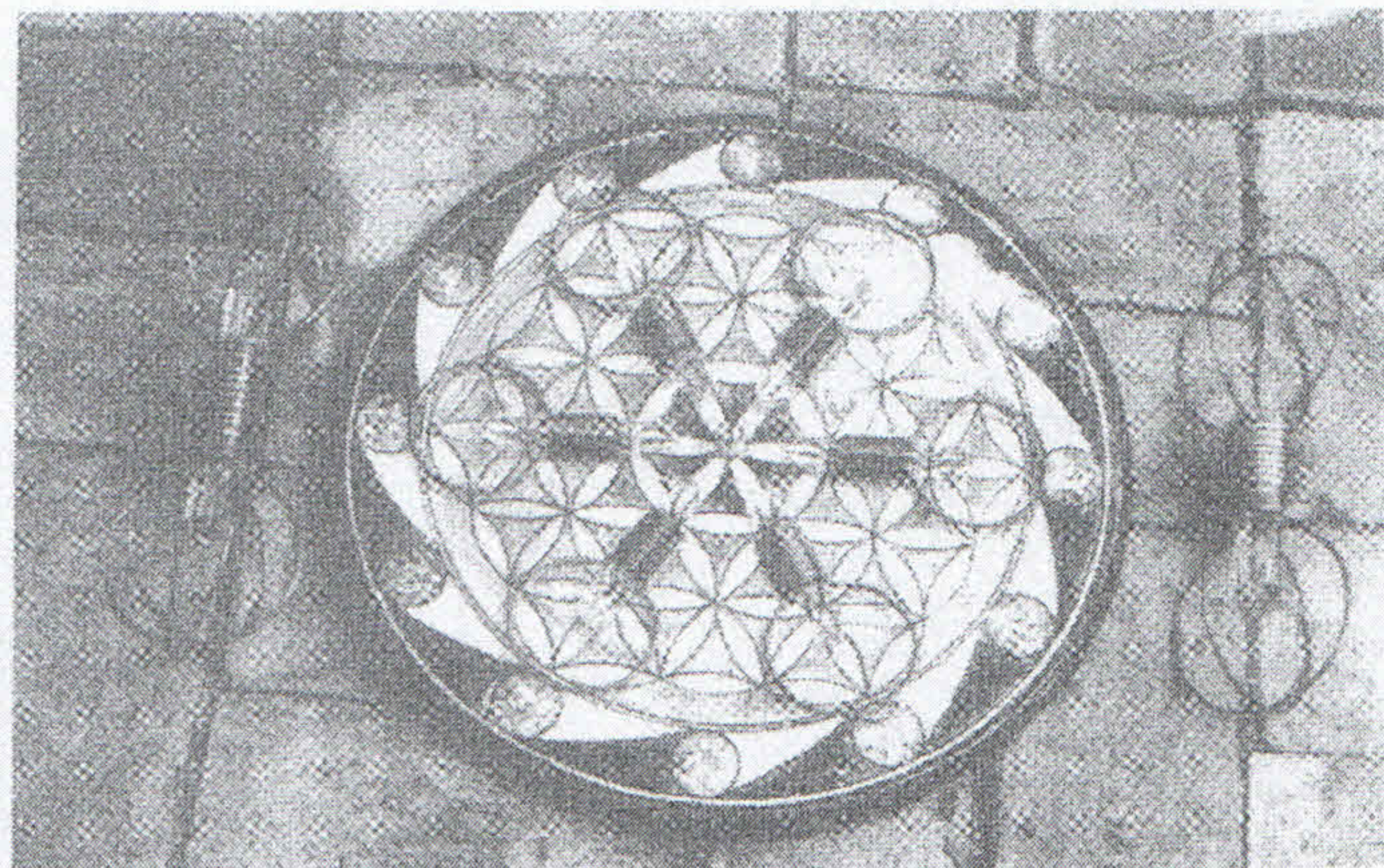
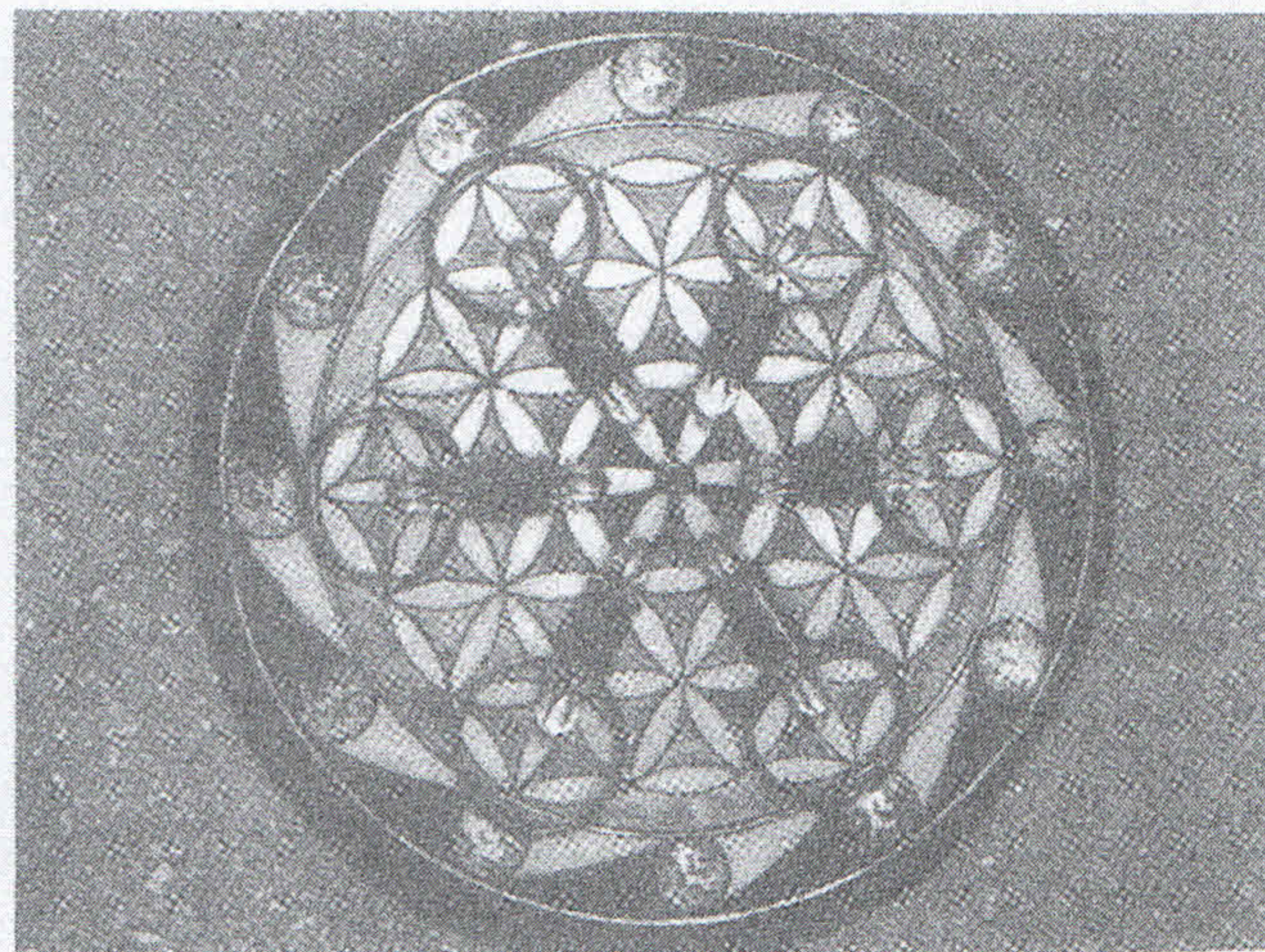
Quartz crystals are used in scientific applications because of their ability to change energy from one form to another. Crystals are therefore called transducers. When pressure is applied to a crystal, it emits electricity; when electricity is applied, sound vibration is caused. This is called the piezo-electric effect. Crystals also act as transducers of subtle energies; their ultramolecular matrix facilitates the transmission of information across the entire energy spectrum. Our Genesis Crystal and Angelstar incorporate cultured quartz crystals that are produced by stimulating the natural conditions of their growth. Natural quartz is powdered and put into a special chamber with rods of "seed" crystals cut from larger specimens. The conditions which stimulate crystal growth by molecular attraction are accelerated, resulting in crystals of uniform high quality. Our crystals are clear of inherent programming and are available to be used for any purpose desired.

The metals used in Alphamatrix tools are chosen with careful consideration for their vibratory contribution to the Light-working capacity of the device. Copper, brass, and niobium are metals which have uniquely desirable properties to contribute for these purposes.

Copper is used in the primary winding because of its high affinity for electromagnetic energies. The brass secondary winding in the Genesis Crystal carries the personal intention energy of the user to the system. The internal components are made of other precious materials selected for their purity and affinity to the Vital Force.

The Resonator Loops at the ends may be brass or niobium. The Angelstar uses the niobium resonators to take advantage of its superior

crystalline molecular structure. This rare-earth metal is colored in an anodizing process by which it absorbs immense quantities of oxygen and grows a transparent crystalline skin which refracts light like a butterfly's wing. The brilliant and intense patina of color is highly conductive, allowing a resonance with the crystals on the frequency of light.



3

Picture 1: Angelstar

Picture 2: Angelstar & Genesis Crystals

# THE ANGELSTAR

The Angelstar generates a dynamic matrix which heightens the evolutionary potential in space. Within this enhanced field, the subtle force of any gem or other reagent placed in the center is distilled and broadcast in the room for the enhancement and support of one's chosen activity.

## TUNABLE VORTEX

You can tune your room's vibration with this programmable vortex generator. For example: if one needs emotional healing and balancing, the Emerald gem, a vehicle and repository of that vibrational essence, is placed in the input well of the Angelstar. The instrument broadcasts the vibration into the room, and the subtle bodies are positively influenced by the powerful, specifically tuned emanations. The Angelstar can be tuned to assist in enhancing creativity, dreaming, group processes, and ceremony. A strong, protective aura enfolds the space with an ambiance of light, and creates an atmosphere of support for each process.

## MIND FIELD

Radiesthesia testing has shown that the Angelstar radiates a field which contains the essential attributes of conscious Mind. The reagent placed in the input well introduces a very precise "thought" frequency.

The Angelstar's psychotronic circuit produces a dynamic high frequency oscillation with a wide spectrum of resonant harmonics. Fine copper windings amplify and focus the impulse by induction to the crystals causing them to vibrate

at a sub-auditory level, translating the subtle information to the material level. A standing wave field is generated which sets up a clockwise vortex in harmony with the evolutionary forces of the Life Stream. The crystals are the primary component of the system, bringing the circuit and sacred geometry into harmonic resonance.

The color pigments, metal leaf, and other materials are chosen to bring through the desired energies in harmony with the total design.

The source of the Angelstar's power is in the polarity potential of the components and their harmonic interaction. This is the same attraction potential that powers the movements of the Heavens and life on Earth.

## ELEMENTAL SUBSTANCE

Every reagent which may be used in the Angelstar is the shadow of a Reflection of Pure Thought in the Universal Mind. Its influence on humanity is a positive initiation for growth, balance, and fulfillment. That influence can be accessed through the Angelstar, using one of the Ray Jewels or other reagents as a key.

The diamond, for example, was known to the ancients by the archaic name "Adamant," a stone of impenetrable hardness, unbreakable power, and brilliant clarity: the qualities of undaunted Will force, thus denoting a "correspondence." In truth, they are one and the same energy at different levels of frequency. Flower essence and gem elixir research in recent years has opened a wide range of new resources. Other materials offer unique qualities, such as water and stones from sacred sites, and certain spiritual relics imbued with healing grace.

Even a prayer or mantra printed on a piece of paper with intention may be found to be beneficial.

The homeopathic *Materia Medica* also lists several thousand substances.

Reagent samples are manufactured according to the method prescribed in *The Pharmacopoeia* of the American Institute of Homeopathy, first published in 1897, and still in standard use today. The substance is diluted in a water or lactose base to an ionic concentration, resulting in a "potency." Thus, the molecules are dispersed to increase the level of vibratory activity. An extensive Reagent Archive is growing from which to choose. Below is a Table of Correspondences of the Seven rays, the seven color frequencies of light of which all matter is composed. Each Ray is listed with the gem which is a pure vehicle and channel of that color.

These are the Seven Ray Jewels supplied with each Angelstar.

<u>Gem</u>	<u>Attribute</u>	<u>Color</u>	<u>Ray</u>
Diamond	Will, Power	Red	1
Sapphire	Love, Wisdom	Blue	2
Emerald	Creative Intelligence	Green	3
Pearl	Beauty, Harmony	Orange	4
Topaz	Science, Mind	Yellow	5
Ruby	Devotion	Indigo	6
Amethyst	Magic, Order	Violet	7

### ANGELSTAR MODELS

Angelstar models vary in the number and type of crystals, design, colors, etc. Consideration is given to many factors in selecting the ideal pattern.

The object in selecting the appropriate Angelstar is to create a personalized matrix for the realization of your higher purpose. A few examples will clarify the process involved. The Angelstar-3 may be preferred for its harmonious integrating effect.

If there is need for high physical and etheric vitality, the Angelstar-5 is indicated.

The Angelstar-7 may be exactly what you need if you are a Seventh Ray individual concerned with ceremony and higher order. The Angelstar-12 works to support your contact with the Spiritual Hierarchy.

### HOW TO USE THE ANGELSTAR

As we move into the higher frequencies of being, it is vital that we be open to receive and resonate in our awareness impulses sent out through the Angelic and Nature Spirit Kingdoms. The Angelstar is inspired device which enhances the assimilation of these high frequencies for healing and enlightenment.

The action of the Angelstar is two-fold: internal and environmental. As an internal modality, it can aid in the process of initiation on the path of spirit. It will develop and refine the subtle bodies for greater receptivity and harmony with the higher vibrations. The environmental aspect of the Angelstar is in the creation of a spiritually enhanced, protected atmosphere to support a variety of inner work including healing, ceremony, channeling, creativity, and so forth.

### GEM SELECTION

Since the gem is the key to the vibration that is to be generated, selection of the appropriate gem or essence is vital. Tables of Correspondence and descriptive notes are limited in their ability to communicate how an essence relates to a real situation. The answer is grounded in the present moment, rather than in theory.

## TRANSMISSION

Because of the Angelstar's facility for transmitting essences at the threshold of the material/etheric veil, it is a valuable device for administering directly to the subtle bodies. The effect is deeper and much more permanent.

## ELIXIRS

It is possible to charge a medium such as water with the subtle essence of a desired substance using the Angelstar. Other materials also have a capacity to retain such a charge, such as oil and crystals. This elixir may be used in a number of ways.

**Application:** To prepare a gem elixir, a vial or small glass of pure water or other suitable substance is placed within the circular antenna resonator at the end of one of the crystals, leaving the Reagent Well at the center empty. Leave it there for ten minutes to clear the water thoroughly of old energy accumulations. Then place the desired reagent in the well. The water will be fully charged after ten minutes.

## BROADCASTING

As a psychotronic instrument, the Angelstar may be used to send high frequency energy to a distant subject. This may be understood as a sort of prayer healing and requires the use of a "Witness" - a photo, hair sample, etc. of the subject as a link.

**Application:** To broadcast at a distance, set up the Angelstar with the witness of the subject on or near the front of the instrument. To broadcast to a place, use a photo or soil sample of the place. Put the desired reagent in the well. Multiple broadcasting may be done for a variety of subjects requiring the same essence, but use separate, individual photos.

## AUXILIARY OUTPUT ANTENNA

The Angelstar's expanding grid matrix is highly compatible with other psychotronic instruments as a potent amplifying antenna.

**Application:** Auxiliary antenna connection with traditional radionic instruments is automatic by virtue of their ambient proximity in the same room. A direct cable connect may also be made from the instrument's output jack to the Angelstar's reagent well if desired.

## TEMPLE GENERATOR

The Angelstar has been called a portable Temple Generator because it generates a field of transformative spirit force. Though this instrument is simple to use, it must be used in a way consistent with its highest purpose to bring out its fullest potential.

The simple placement of a reagent in the well generates a pure and powerful vibration of that essence; yet a deeper key can tap a limitless reservoir of spiritual energy.

That key is no secret: it is prayer. The Intelligence of any essence can be invoked through a simple prayer:

*May the Universal Spirit send a holy Angel to assist in the work of creating a space for (Beauty, Spirit, etc.) in the world.*

While placing the reagent in the Angelstar:

*Let the hold Angel of who works in and through this essence empower this work for the benefit of all living things.*

When the essence is removed, it is beneficial to give thanks:

*Thanks be to the Great Spirit for all these blessings*

# THE GENESIS CRYSTAL

When the aspect of Will is activated through the focused interaction of the mind with the Genesis Crystal, the vortex of energy created is capable of making real changes in the user's state of being. Similar in design to the sacred Tibetan "Dorje," which resonates with that morpnic archetype of its geometry.

The Genesis Crystal is an accelerator of thought: a prayer accelerator. The generator windings, inspired by the designs of the modern visionary Nikola Tesla, create a magnetic field which receives vibratory information from the person holding it and focuses it to the crystal. The crystal and resonator circuit receive the impulse and emanate it to the subtle bodies in an amplified form on a wide range of harmonic frequencies. This light based tool is a bridge between the morphogenic and physical planes. It contains the unity of opposites - Yin and Yang, right and left brain, masculine, past and future, aspiration and inspiration - as a perfect null point corresponding with the stillness at the root of polarity.

## SPECIFICATIONS

The basic Genesis Crystal has an 8.25 inch cultured quartz core wrapped in copper primary and brass secondary windings with Niobium Resonator Rods, subtle and material proprietary components, and is made with the highest conscious attention. The entire device is 12 inches long by 4 inches wide at the end loops and weighs approximately one pound.

Special models can be made with triple Niobium resonators, Brass resonators, gem treatments, gold wire secondary windings, Vogel cut... crystal core and so on.

## USING THE GENESIS CRYSTAL

*"When all things are seen equally, the timeless essence is reached. No comparisons or analogies are possible in this timeless and relationless state... All is empty, clear, self-illuminating, with no exertion of the mind's power. Gone, gone, beyond, gone beyond beyond, to the place of awakening."*

-Seng T'san, 3rd Chinese Zen Patriarch

Use the Genesis Crystal for centering, meditation, healing and the manifestation of a new reality. Handle it with mindfulness and attention. Treat it as a powerful ally and keep it in a special place. Every thought and feeling you express invokes a creative impulse; be aware that they are amplified when you hold it.

Take it up in either hand: the left for receiving, the right for giving. Offer a prayer for alignment, protection and guidance, for the good of all beings. Allow the energy field to draw you into a deeper level of attunement. The highest prayer is that the Divine Will be accomplished. You can pray to be a channel for the Divine Will so that it may be manifested and grounded in the Earth through your Being.

It has been said that if you have thought it, you have done it...so pray as if you have received it and give thanks.

## HYDROTHERMAL QUARTZ:

### Crystals Get Cultured

by

Rumi Da

Hydrothermal quartz, also known as "cultured" or synthetic quartz, is grown in an apparatus called an autoclave. This "pressure cooker" is able to produce an internal pressure of 21,000 psi (pounds per square inch) and very high levels of heat. Superheated steam is a solvent for silicon dioxide.

A supersaturated solution can be created in the autoclave from which crystals of quartz can be grown on appropriate seed plates.

Crushed silica is put into the bottom of the autoclave to function as the source material for the soon to be crystals. Slices of quartz are hung in the upper portion of the device to act as seed plates. The autoclave is filled to about 85% with a somewhat alkaline water that has an added 1% of sodium hydroxide. This increases the solvency of the water to the quartz.

The autoclave is heated and as the temperature increases various processes unfold. When at 200°C most of the water has become superheated steam. At 300°C the internal pressure has risen to 20,000 pounds per square inch or 100 times that of normal atmospheric pressure. The crushed silica at the bottom of the autoclave dissolves and the water, with the superheated steam, begins to rise. The temperature in the upper region of the chamber is about 40°C lower than that at the bottom and when the solution of silica reaches this area it supersaturates and crystallizes on the seed plates.

Crystal up to 50mm x 150mm can be grown in 3 to 4 weeks. Larger crystals are created by using these first generation pieces as the seed plates in a second or even third run.

Colored crystals can be created by a process called "doping" which is the addition of chemicals to the mix to produce the desired color. Iron will

produce green or yellow; cobalt produces blue. Amethyst is created by the addition of iron oxide to the crystal which is then irradiated. Citrine can also be created by irradiating a clear crystal.

This hydrothermal process is used in the creation of other types of crystals as well.

Emeralds, for example, can be produced this way. Instead of the source material being only at the bottom of the autoclave, it is placed at both the bottom and the top. Seed plates of beryl (rather than quartz) are suspended in the middle portion. Oxides of beryllium, aluminum, and chromium (or sometimes vanadium), are in the lower part of the autoclave and crushed quartz is at the top. These constituents dissolve at 600°C and react together in the center of the autoclave, forming the emerald solution which crystallizes on the seed plates of beryl.

This process produces a controllable and some argue a purer form of crystal. Objectively, it can be very difficult to discern the difference between the synthetic and the natural crystal once it is faceted, although there are some guidelines that can be used. These guidelines are indicators such as inclusions, color zoning, and twinning.

One of the most common features in earth grown quartz is what is known as twinning. Twinned crystals occur when two or more crystals grow together and produce a symmetrical shape. This can happen when one of the crystals grow with one half rotated at 180° to the other. This is called contact twinning. Penetration twins occur when one crystal grows through the other and there is a direct relationship between their crystallographic axes. Twinning can also occur in synthetic quartz if it is grown from twinned seeds.



Probably the most reliable method to distinguish natural from synthetic is the color zoning and inclusions of the crystal. In natural amethyst, for example, there is a feature called "tiger striping" in which zones of light and dark can be seen within the overall violet color of the crystal. This is unlikely to happen in synthetic amethyst.

The color variations in natural quartz can be corrected by "cooking" the crystals. Citrine can be created that has uniform color. In this process poor color quality amethyst is heated to about 450°C with the result that it becomes a citrine. These crystals are sometimes known as "burnt amethyst". They are natural, but heat treated. Citrines and amethysts are often processed this way to create a more homogenous "sellable" color.

Natural quartz typically has inclusions such as groups of tiny prismatic crystals, flecks of various impurities, and so on.

The primary question for most individuals involved in healing and meditation work is "why use synthetic quartz?". The tendency is that most natural quartz has a twinned or "confused" spiraling of its molecular matrix. This means that the pattern of rotation of the molecules is not just to the left or to the right, but a hodge podge of both. In the experience of some practitioners this slows down the movement of energy through the crystal. Cultured quartz does not have this condition unless it was intentionally grown with source material from twinned crystals. This is why the quartz used in the electronics industry is laboratory grown material.

Earth grown crystal will always have the imprint of the environment in which it grew. This is a plus for most people. It is a connection to the earth and a relationship to whatever coding may have been installed in the crystal either intentionally or through the natural process of its long history of growth.

Synthetic crystal does not have this history. Those who use such crystals use them for just this reason. They want a crystal that is devoid of any prior programming and has a purer matrix than is possible in nature.

One internationally renowned healer, a friend in Canada, prefers the synthetic crystal for his healing work because it delivers the energy he is working with in a much faster and more powerful way. He has both a natural quartz Vogel-cut™ crystal as well as a Vogel crystal faceted from synthetic material. For the most part he prefers the synthetic material. Although Vogel-cut™ crystals are not normally made from cultured material, several customers have special ordered them and are very satisfied with the results.

Some individuals maintain that the synthetic crystal has no "life" or "life force". Our experience has been that everything is alive whether natural or synthetic. The point is understood, however. A cultured crystal is a *different* life than an earth grown crystal.

When one has a synthetic stone of any kind, if you take that stone, clear it and charge it with breath and mind, it will change. As we infuse the crystal with our own consciousness, our own energy, the stone will change. We breathe into the crystal our breath of life. The variable here is one's ability to actually effect this change.

It comes down to a matter of choice and a matter of what is better for the task at hand.

As Richard Bach notes in his book *Illusions*:

*"Argue for your limitations  
and they're yours."*

Our suggestion is to experiment with both types of crystal and find out what works best for you in each circumstance.

*Still, unless specifically requested,  
we continue to create Vogel-cut™ crystals  
from natural earth grown quartz.*

## THE 3 FACES OF REGRESSION THERAPY

by

William J. Baldwin Ph.D.

When Past Life Regression therapy is discussed many people reject the idea of looking into a past lifetime for problems as they claim to have enough troubles in the present life. This seems valid at first; however, in clinical practice, present life conflicts and problems are often found to stem from traumatic events in earlier times.

Through the emotional feelings and body sensation the client is prompted to locate the source or cause of the present life problems. The client is guided through the traumatic episode in the prior lifetime, and finally through the death experience. The therapist assists the client in resolving any remaining emotional issues, the unfinished business in that life, and to integrate the experience into the present life situation. The being moves away from the death scene and fully into the Light (similar to descriptions of the Near Death Experience).

Many emotional problems and conflicts are quickly and effectively resolved through past life regression therapy, usually in far fewer sessions than with conventional therapy. Many physical ailments are considered to be psychosomatic, and these conditions may begin to diminish or cease altogether with past life regression therapy.

### SPIRIT ATTACHMENT

In practice, the therapist trained in Past Life Therapy (PLT) and Spirit Release Therapy (SRT) will recognize that some of the past life scenarios are not those of the client, but of someone else, an attached spirit of a deceased human being. There are specific methods of differentiating between the two. This condition has historically been labeled spirit possession.

A more accurate term is spirit attachment, which indicates an interference, which is much more common than possession, which implies complete takeover.

Our language reflects an inner knowledge of this condition: "What got into you?", "What possessed me to do that?", "He's not himself." Even the comedian, Flip Wilson used the concept: "The devil made me do it."

The possibility of spirit possession, that is, full or partial takeover of a living human by a discarnate entity, has been recognized, or at least theorized, in every time and in every culture. A disembodied consciousness seems to attach itself and merge fully or partially with the subconscious mind of a living person, exerting some degree of control on the behavior, the mental and emotional functioning, as well as symptoms in the physical body.

Attachment to any given person may be completely random, even accidental. An attachment can be benevolent in nature, self serving to fulfill a personal need of the spirit, malevolent in intention, or completely neutral. Some investigators in this field estimate that between 70% and 100% of the population are affected or influenced by one or more discarnate entities at some time in their lives.

### SPIRIT RELEASEMENT THERAPY (SRT)

The treatment for the condition of spirit attachment consists of six distinct steps.

The first step is to discover and identify any and all (there is never just one) attached discarnate spirits or entities. There are many clues which assist the therapist in the discovery of an attached entity.

The second step is differential diagnosis. Most of the attached entities fall into one of three categories: 1) human spirits of the deceased, terminated pregnancies, and mind fragments of living people; 2) the dark force entities, or classic demons; and 3) aliens or ETs, being from other worlds, dimensions or densities. There are others which defy classification.

The third step is dialogue with the entity. Each type requires the precise treatment which will lead it to release willingly from the client and go to its own appropriate destination.

The fourth step is the actual release of the attached entity; each different type requires a different process.

The fifth step is a specific guided imagery of Light for the client. It is important and necessary to metaphorically fill the space left by the departing being.

The sixth step entails ongoing therapy for the client. More entities may be found and released in subsequent sessions. Past life therapy and fragmentation recovery are vital to resolve balance to the client. It is essential to resolve the conflict and to heal the emotional vulnerability which first allowed the spirit attachment.

#### RECOVERY OF SOUL-MIND FRAGMENTATION

The technique of Recovery of Soul-Mind Fragmentation (RSF) is a clinical approach to soul retrieval, a shamanic method of healing. Sickness was considered to be caused by loss of one's soul, or part of it. The shaman journeyed into the underworld to retrieve the soul and return it to the sick person, restoring wholeness and health. The client is passive during the work. In RSF, the client is guided to locate the original trauma, recover the lost fragment, and welcome it back into the body/mind space. This approach is empowering

for the client who takes an active part in the process.

This condition is also reflected in our language, indicating an inner awareness: "It was a shattering experience." "I just fell apart." "He's not all here today." "I left my heart in San Francisco." And the healing of the condition is also familiar to our inner knower. "Pull yourself together." "He's a real together guy."

Physical and emotional traumas can cause fragmentation and formation of sub-personalities, which literally leave the premises. The trauma is processed to resolution and the fragment is reintegrated. With the fragment safely home, the client will report a feeling of warmth, peace, and a pleasant new sense of wholeness. Fragmentation as the source of illness is an important concept in the native healing traditions. It may prove to be an important contribution to the concept of holistic healing.

Results can often be seen immediately after using these two related modalities. Many emotional problems and some physical conditions are erased or eliminated through Past Life Therapy and Spirit Release Therapy and Recovery of Soul-Mind Fragmentation. Regression therapy is a profound experience for the therapist as well as the client. It is a gentle, loving and transpersonal psychotherapy.

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For further information about this work or to receive FREE SPIRIT, THE NEWSLETTER OF SPIRIT RELEASEMENT THERAPY, contact: THE CENTER FOR HUMAN RELATIONS  
PO Box 4061, Enterprise, FL 32725  
Phone/Fax: 407- 322-2086

The 488 page book Spirit Releasement Therapy by William J. Baldwin Ph.D. is available from Lifestream Associates (see order form).

## STAR OF DAVID MEDALLION

Quartz demonstrates the Star of David energy configuration. In order to utilize this template to its highest benefit, we have found that using this pattern as a shield faceted from pure quartz to be very effective not only as a type of psychic shield, but also as a tool for subjective communication.

Marcel Vogel wrote of this crystal medallion:

*We have designed, after careful testing and measurement, an optically clear quartz crystal medallion, cut in the shape of a triangle, which is worn over the witness area (thymus gland). It may be programmed with any thought of intention you choose, but we have had great success using it as a protective shield from unwanted energies. A drop of a flower essence, a homeopathic remedy or such can be placed on this medallion and it will radiate its essence throughout your body.*

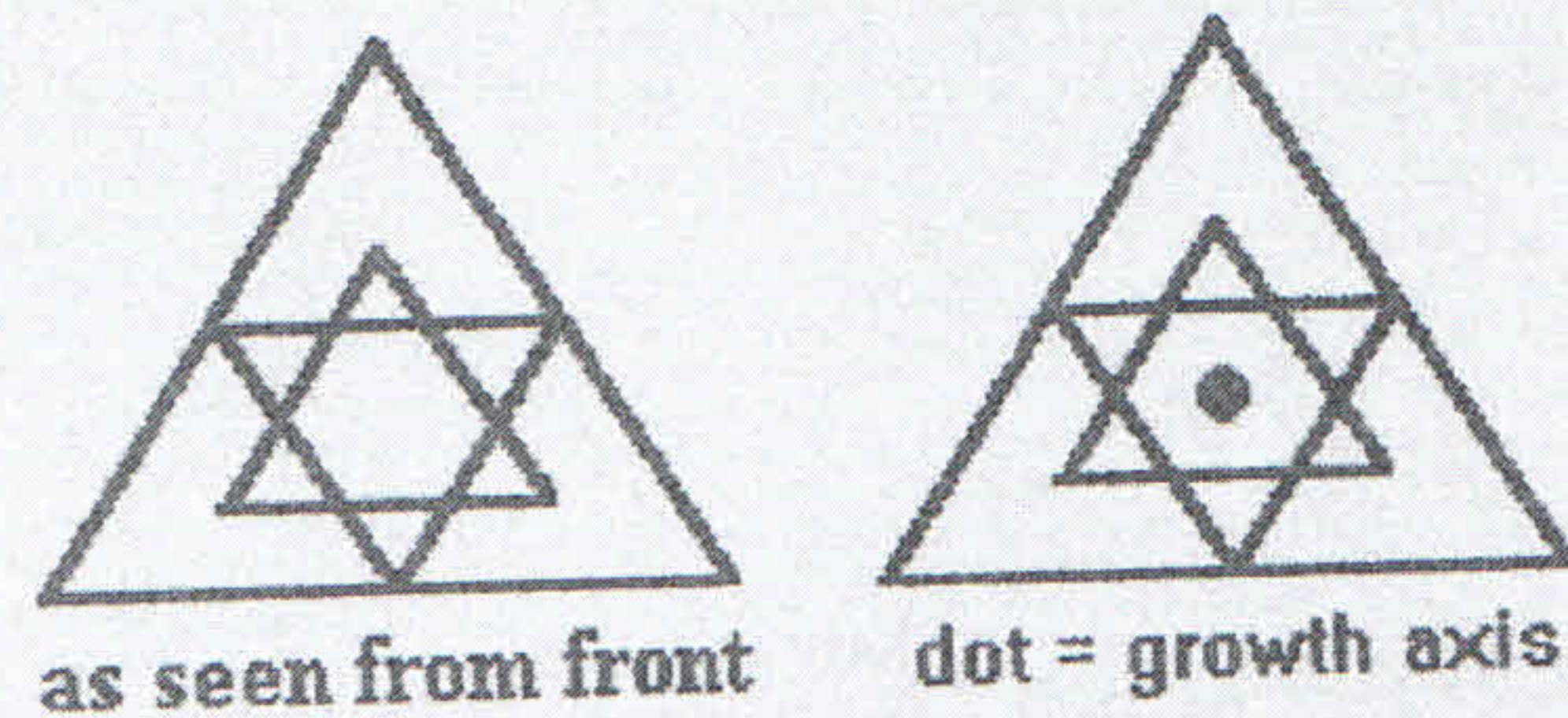
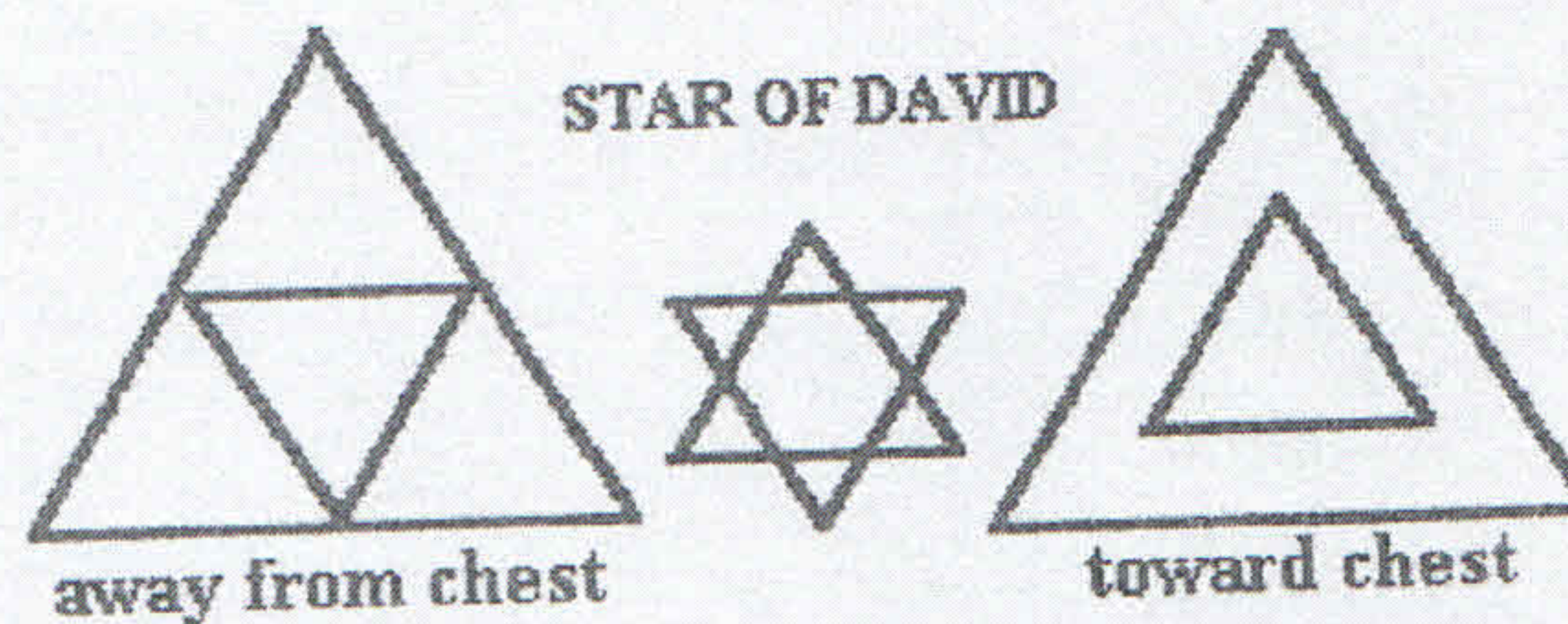
*When I imprint the crystal medallion with the thought of love and well-being, I cohere all the energies of my body so that it becomes an impenetrable fortress of its own energies. Now I can handle external forces without taking them in, and without their interfering with the functioning of my own body. This does not mean that the medallion takes away the sensitivity; in contrast, it desensitizes the wearer to invasive external energies so that the wearer is able to remain open to tune into what he or she chooses.*

*Without this protection, I feel the differential vibrations of each of the people with whom I am interacting. There is a confusion within my being as to how to process these energies within my own system and this begins to interfere with my normal body vibration. My energies get drained because of all of the vibration I am forced to process.*

*Surrounding our physical body we have an energy field known as the auric curtain. After much experimentation with this field, I have given it the name of information band. When this information*

*band is interfered with, one loses control over one's own body and it gets weaker, sometimes losing consciousness as well. We're not talking about disease here, but purely energetic information exchange. An example of this is when an audience projects a thought at a speaker. If the thought projected is one of approval, the speaker is likely to receive a feeling of well-being. If the thought is one of disapproval, the speaker will immediately feel drained of energy and will most likely exhibit fatigue. Wearing the medallion at this time will prevent this type of energy drain.*

*Within the triangular structure is contained another triangle, one quarter the size of the medallion, with the tip facing up (as it is worn against the witness area) on the back of the medallion, and another triangle with the tip facing downwards (as it faces out from the body).*



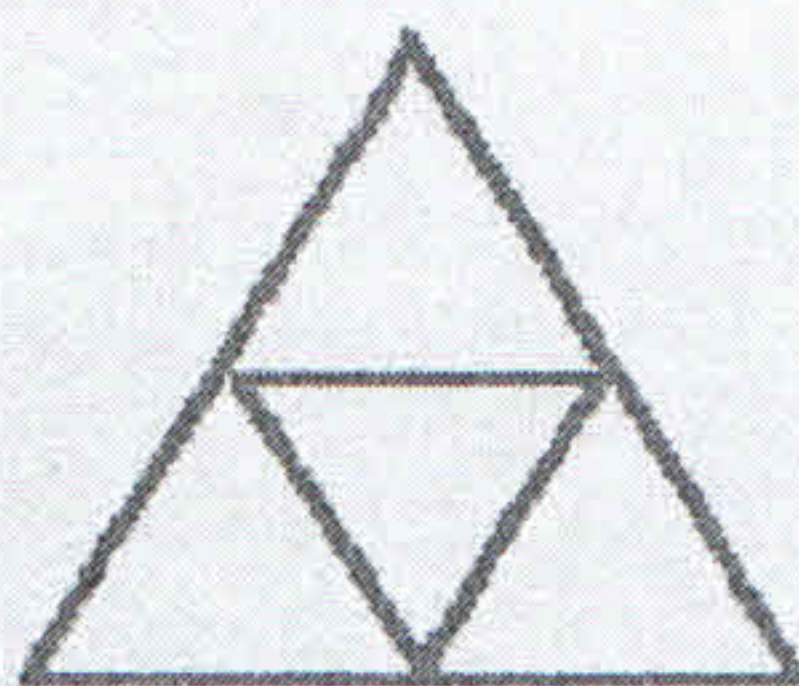
The higher mind (or soul) works with symbols. From these symbols, the truth is being spoken. Each of us has a triune nature of body, represented by the top point of the medallion, mind, represented by another point, and finally the interaction of spirit with matter, the soul, represented by a third point on the triangle. In both esoteric and Christian philosophies this element of the triune or tri-unity can be found.

The two smaller triangles form pyramids in space, creating tetrahedrons, the symbols for water (the molecular structure of which is also a tetrahedron).

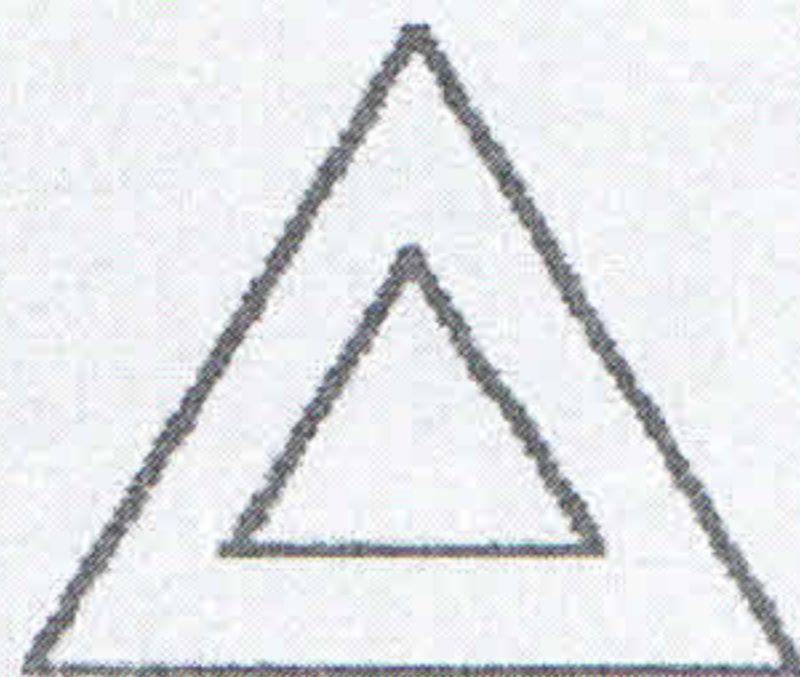
As above, so below.

Turning the medallion over, you find a reverse pyramid.

STAR OF DAVID  
MEDALLION



FRONT OF MEDALLION



BACK OF MEDALLION

There is a co-balancing of forces. The large triangle is also brought to a pyramid in space and so the energy is pouring out in one direction (creating a field in space around your body) and held stable in the other direction (keeping that field steady), similar to the actions of our healing crystals.

To CLEAR the medallion of unwanted energies, programs, or thoughts, hold it in one hand and rest the other hand over it. As you draw your breath in, think the thought of clearing the medallion of any harmful or limiting energies. When you have done this, release the thought into the medallion with a pulsed breath through the nostrils.

To CHARGE the medallion, hold it as stated above, draw your breath in and think thoughts of Love, well-being, healing, or whatever you desire and again release these thoughts into the medallion with a pulsed breath. It is suggested that you always charge the medallion with Love and well-being. Any other intent can be overlaid on this primary patterning. Love acts as a carrier wave for any and all additional information.

Putting your intention into a device like this helps you build and maintain the ultimate shield or protection for yourself. Wearing one of these medallions with loving intent can hold the integrity of your body and maintain the equanimity of self in spite of whatever goes on in and around you.

(PRI Newsletter #6.5 Sept.-Oct. 1989)

The Star of David medallion is available from Lifestream Associates in a choice of sizes.

Regular (approx. 35mm. each side)

Silver: \$225.

Gold: \$350.

Mini (approx. 25mm. each side)

Silver: \$125.

Gold: \$175

All medallions are made from clear natural quartz crystal. Citrine and amethyst, set in gold, are available as special order items in the regular and mini sizes. Add \$25 for mini and \$50 for regular. See order form.

## THE STAR OF DAVID MEDALLION:

### To the Rescue

by  
Rumi Da

In the summer of 1995 we saw a classic example of the medallion in action. At a two week seminar in Switzerland a friend, Patricia, came to me with a serious condition of high blood pressure. This pre-existing condition was greatly exacerbated by being in the high elevation of the Swiss Alps. The blood vessels in her eyes were bleeding through and there were occasional nose bleeds. Something needed to be done.

With no medication available, Patricia recalled that a naturopathic doctor in Rome had told her that blood pressure could be normalized by eating an entire head of roasted garlic and, in fact, this had been effective in the past. That evening several of us were treated to bruschetta with garlic. It was a wonderful snack but somewhat inappropriate in a group situation where not everyone was eating garlic. Another remedy had to be found.

Remembering what I had taught about a crystal being able to store and transfer the vibration of any substance, Patricia decided to put this to the test. She took her Vogel-cut™ healing crystal, cleared and charged it and then programmed it with the vibration of garlic.

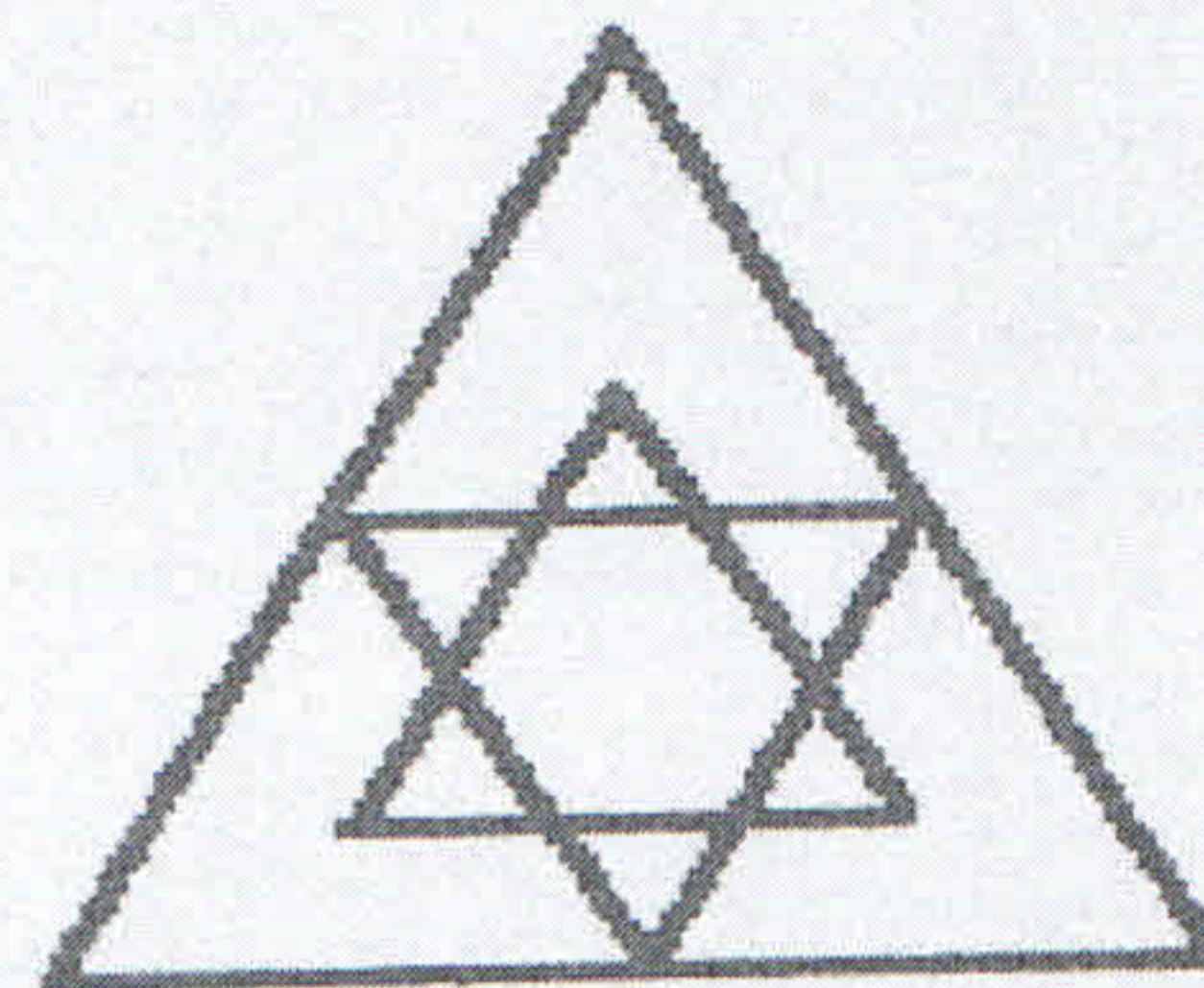
She did this by placing a clove of garlic on the crystal, creating the intent that the essential vibration of the garlic be imputed to the crystal, and then releasing this intent with a pulsed breath.

Once satisfied that the crystal had been programmed effectively, Patricia projected her consciousness into the crystal and then meditated with it in her hand for approximately twenty minutes. The symptoms of the high blood pressure attenuated.

However, as often happens when we use a palliative remedy, she neglected to continue this practice once her symptoms disappeared. Only when the experience of increased pressure returned did she remember to use the crystal again. Although effective, we thought that perhaps there was another way to utilize this dynamic without Patricia having to experience the yo-yo effect. To this end she did the same practice, but this time using the Star of David medallion. Once programmed and worn over the witness area, the medallion would continue to maintain the vibration of the garlic within her energy field or information body, thereby maintaining a normalized blood pressure.

For the remainder of her stay in Switzerland the difficulty of high blood pressure did not present itself again. Once home in Rome, Patricia no longer experienced any difficulty as she was no longer in the mountains.

It must be understood that this is not a recommendation to replace medical intervention with this kind of treatment, but rather to present this as a possibly useful option when appropriate medical treatment is not available.



# BOOK REVIEWS

## AWAKENING TO ZERO POINT: THE COLLECTIVE INITIATION

by Gregg Braden

As I travel throughout the world I meet many people from a variety of countries and cultures, both socially and in seminar situations. Often there is a common thread of feeling, a high degree of anticipation about changes that are happening throughout the world. These are shifts in culture, climate, and consciousness. The anticipation experienced by many of us is often felt as anxiety. This is due, for the most part, to either a lack of context into which to view these changes or an amazingly dark expectation of doom, gloom, and catastrophe.

Not being a proponent of the doom and gloom scenario, I was very pleased to receive from good friend Melissa Applegate, a copy of *Awakening to Zero Point: The Collective Initiation* by Gregg Braden.

In this book Gregg outlines the nature of "the Shift" in consciousness that is occurring upon the planet. These times are not to be feared or somehow avoided but rather to be experienced and embraced as an unprecedented opportunity for growth and evolution.

Within the covers of this 280 page work is outlined some of the subjective experiences people are having as part of the movement towards the paradigm shift. These include the perception that time is "speeding up", radical changes in sleep patterns, polarized dream states and intensified emotions and relationships among others.

Gregg also delineates observable objective phenomena that are occurring, all related as part of the shift. These include the rapid decrease in the earth's magnetic field paired with an increase in the base resonant frequency of the planet, a slowing down of the rotation of the earth, record extremes in temperature, the appearance of new diseases immune to current medical technology, an increase

in the frequency and intensity of seismic events and much, much more.

Gregg presents his information in a heartfelt, understandable fashion, emphasizing the opportunity presented by the coming dimensional shift and what we can do to prepare for this event that is already in process. The planet is undergoing a great initiation and as part of this earth we too are experiencing this collective initiation.

The two tape video presentation of *Awakening to Zero Point* is a wonderful companion to Gregg's book. It is a three hour presentation with slides, video, and the captivating heartfelt energy of Gregg's commitment to this work.

Highly recommended.

## MATRIX OF THE GODS

by John Nelson

*"The world teeters on the brink of apocalyptic destruction or a new millennium of universal peace and spiritual awakening. Either future world is possible. They coexist in their own dimensions, and we choose by our vibratory levels which world we will inhabit."*

In this novel of the consciousness shift the principal character is Rama, a Buddha in the 21st century, who is kept in a "scalar prison", a psychically impenetrable fortress. During his long stay Rama has entered into what he calls "the natural state" and his consciousness has already helped many be triggered into this awakened state, creating a third possibility for humanity. That third possibility is a quantum leap into a new world.

In the midst of psychic wars, the crumbling of the earth's eco-system, and the birth pains of a new humanity, what will happen? John Nelson's possible scenario is a great read and an interesting companion to *Awakening to Zero Point*. In fact, *Zero Point* is even referenced as resource material. Both books are available from Lifestream Associates.

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